

## PESCADOS & MARISCOS

### FISH & SEAFOOD

Con 2 Acompañantes - 2 Side Dishes

*A la Plancha, al Ajillo, o en Crema de Mantequilla y Limón  
Grilled, Garlic Sauce, or Lemon Butter Sauce*

**SALMÓN 12.99**

**DOLFIN/MAHI-MAHI 12.99**

**TILAPIA 10.99**

**SEA BASS 15.99**

**FILETE DE EMPERADOR 13.49**

Swordfish Filet

**CAMARONES ENCHILADOS 12.99**

Shrimp Creole

**CAMARONES AL AJILLO 12.99**

Shrimp Sautéed in Garlic Sauce

**RUEDA DE SERRUCHO FRITA 9.49**

King Fish Steak

**COLA DE LANGOSTA AL GRILL O ENCHILADA 24.99**

Lobster Tail: Grilled or in Creole Sauce

**COLA DE LANGOSTA TERMIDOR 25.99**

Lobster Tail Thermidor

### CARNE - MEAT

Con 2 Acompañantes - 2 Side Dishes

*Agregar - Add*

**SWISS CHEESE 1.50 • FETA CHEESE 2.00**

**CHURRASCO A LA PLANCHA 14.99**

Grilled Skirt Steak

**BABY CHURRASCO A LA PLANCHA 11.99**

Grilled Baby Skirt Steak

**BABY CHURRASCO CON CAMARONES TERIYAKI 13.99**

Grilled Baby Skirt Steak and Teriyaki Shrimp

**BISTEC DE PALOMILLA 10.99**

Top Sirloin Steak

**FILETE MIGNON (CENTRO DE FILETE) 19.99**

Filet Mignon Center Cut

**BISTEC DE HÍGADO 7.99**

Beef Liver Steak

**HÍGADO DE RES SALTEADO A LA ITALIANA 8.79**

Beef Liver Strips Sautéed in Wine Sauce with Green Peppers & Onions

**VACA FRITA 11.99**

Grilled Marinated Flank Steak

**MILANESA DE RES 13.99**

Breaded Steak Topped with Spanish Sauce, Ham, and Cheese

**BISTEC EMPANIZADO 11.99**

Breaded Steak

**CARNE ASADA AL VINO 9.79**

Pot Roast in Wine Sauce

Consumir Carnes, pollo, pescado o huevos, no bien cocinados pudiese incrementar el riesgo de enfermedad por contaminación, especialmente si usted tiene alguna condición médica.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have a medical condition.

Todos los Productos de Pescado Pueden Contener Espinas  
All Fish Products May Contain Bones

## WRAPS FRIOS - COLD WRAPS

**ITALIANO 5.49**

*Lechuga, tomate, chorizo cantimpalo, queso suizo*  
Italian: Lettuce, Tomato, Cantimpalo Cheese, Swiss Cheese

**TUNA 5.29**

*Tuna, lechuga, tomate*  
Tuna, Lettuce, & Tomato

**VEGETARIANO 4.99**

*Lechuga, tomate, pimientos rojos, pimientos verdes, cebollas rojas, y queso feta*  
Vegetarian: Lettuce, Tomato, Red Peppers, Green Peppers, Red Onions, Feta Cheese

## WRAPS CALIENTES - WARM WRAPS

**CUBANITO RELLENO 6.99**

*Arroz, frijoles negros; maduros o yuca*  
White Rice, Black Beans; Sweet Plantains or Yuca

**CON FILETES DE POLLO 6.50**

With Chicken Filets

**CON CARNE 6.95**

With Steak

**CON CROQUETA ISLAS CANARIAS® 4.99**

With Islas Canarias® Croquettes

**CON LECHÓN 6.79**

With Pork

**CON FILETES DE CHURRASCO 7.79**

With Skirt Steak

### CERDO - PORK

Con 2 Acompañantes - 2 Side Dishes

**LECHÓN ASADO 8.99**

Roast Pork

**BISTEC DE CERDO A LA PLANCHA 9.99**

Grilled Pork Steak

**BISTEC DE CERDO A LA PLANCHA**

**CORONADO CON JAMÓN Y QUESO 10.99**

Pork Steak Topped with Ham and Cheese

**MASAS DE CERDO (3 Acompañantes) 8.99**

Pork Chunks with Mojito (3 Sides)

### POLLO - CHICKEN

Con 2 Acompañantes - 2 Side Dishes

**BISTEC DE PECHUGA DE POLLO A LA PLANCHA 9.79**

Fresh Grilled Boneless Chicken Breast

**BABY BISTEC DE PECHUGA DE POLLO A LA PLANCHA 7.79**

Fresh Grilled Baby Boneless Chicken Breast

**POLLO RELLENO A LA PLANCHA ESTILO TÍA MARÍA**

**CON JAMÓN Y QUESO Y SALSA DE TRES QUESOS 11.99**

Chicken Breast Layered with Ham & Cheese Topped with 3 Cheese Sauce

**FILETES DE POLLO SALTEADO "TERIYAKI" 8.99**

Chicken Teriyaki

**FILETES DE POLLO SALTEADO AL AJILLO 8.99**

Chicken Breast Filets Sautéed in Garlic Sauce

**MILANESA DE POLLO 12.99**

Breaded Chicken Breast Layered with Spanish Sauce, Ham, and Cheese

**PECHUGA DE POLLO EMPANIZADA 11.99**

Breaded Chicken Breast



*Café*  
RESTAURANT & BAKERY

Take Out & Delivery

Menu



Ph: 305 559.0111

Take Out Hours

SUN-THU 6:30AM-10:00PM

FRI-SAT 6:30AM-11:00PM

Delivery Hours

SUN-THU 12:00AM-9:00PM

FRI-SAT 12:00AM-10:00PM

3804 Southwest 137th Avenue Miami, FL 33175

[www.islascanariarestaurant.com](http://www.islascanariarestaurant.com)

## TAPAS - APPETIZERS

### **CROQUETAS ISLAS CANARIAS® 0.95**

*Jamon, Pollo, Pescado*  
Islas Canarias® Croquettes  
Ham, Chicken, Fish

### **GARBANZOS FRITOS 6.99**

Sautéed Chick Peas with Sausages & Ham

### **CAMARONES AL AJILLO 8.99**

Shrimp Sautéed in Garlic Sauce

### **CEVICHE**

#### **CAMARON 9.99**

Shrimp

#### **PESCADO 8.99**

Fish

#### **MIXTO 12.99**

Fish and Shrimp

### **CHORIZO AL VINO 6.50**

Spanish Sausages Sautéed in Wine Sauce

### **CALAMARES EMPANIZADOS 8.50**

Fried Calamari

### **FRITURITAS DE BACALAO 5.99**

Cod Fish Fritters

### **FRITURITAS DE MALANGA 4.99**

Malanga Fritters

### **TORTILLA ESPAÑOLA (porción) 2.79**

Spanish Style Omelet (portion)

### **ALITAS DE POLLO EMPANIZADAS 7.99**

Breaded Chicken Wings

### **YUQUITAS FRITAS 3.49**

Fried Yuca with Special Sauce

### **SURTIDO DE CROQUETAS ISLAS CANARIAS® (6) 5.25**

Homemade Islas Canarias® Croquettes (6)

### **EMPANADAS VARIADAS (HORNEADAS O FRITAS)**

Homemade Baked or Fried Empanadas (please ask for today's specialty)

## TABLAS

### **JAMÓN SERRANO,**

### **CHORIZO CANTIMPALO, QUESO MANCHEGO 8.99**

Serrano Ham, Cantimpalo Sausage, & Manchego Cheese

### **QUESOS SURTIDOS 8.99**

Cheese Platter

### **CROQUETAS ISLAS CANARIAS® Y QUESO MANCHEGO 7.99**

Islas Canarias® Croquettes (3), Manchego Cheese

### **TOSTONES RELLENOS CON CECICHE**

#### **DE CAMARONES 8.99**

Fried Green Plantains Stuffed with Shrimp Ceviche

#### **TOSTONES RELLENOS CON POLLO ENCHILADO 7.99**

Fried Green Plantains Stuffed with Chicken Creole

#### **TOSTONES RELLENOS CON CAMARONES**

#### **ENCHILADOS 8.99**

Fried Green Plantains Stuffed with Shrimps Creole

#### **TOSTONES RELLENOS CON PICADILLO 6.99**

Fried Green Plantains Stuffed with Ground Beef

#### **PAPAS FRITAS CON AJO Y PEREJIL 2.79**

French Fries with Garlic & Parsley

#### **BRUSCHETTA (5) 3.99**

Tomatos, Garlic, Basil, and Olive Oil on Toasted French Bread

#### **MARIQUITAS 2.99**

Plantain Chips

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## SOPAS- SOUPS

### **CREMA DEL DÍA**

Today's Cream Soup

### **SOPA DE POLLO 1.99 - 2.99**

Chicken Soup

### **SOPA DE CEBOLLA 3.25 - 4.99**

French Onion Soup

### **FRIJOLE NEGROS 2.25 - 2.99**

Black Bean Soup

## ACOMPAÑANTES - SIDE DISHES

### **ARROZ BLANCO 1.99**

White Rice

### **ARROZ INTEGRAL 2.79**

Brown Rice

### **PAPAS FRITAS 1.99**

French Fries

### **PLÁTANOS MADUROS 1.79**

Fried Sweet Plantains

### **TOSTONES 2.29**

Fried Green Plantains

### **FRIJOLE NEGROS 2.25 - 2.99**

Black Beans

### **ENSALADA 3.29**

Salad

### **YUCA CON MOJO 1.99**

Yuca with Onion & Garlic Mojo

### **MOROS 2.29**

White Rice & Black beans

### **VEGETALES 2.99**

Vegetables

### **MARIQUITAS 2.79**

Plantains

### **PAPITAS FRITAS DE BONIATO 2.79**

Sweet Potato Fries

## ENSALADAS - SALADS

### **ENSALADA MEDITERRÁNEA 7.99**

*Lechuga, tomates, aceitunas, garbanzos, Pimientos rojos, tomates secos, piñones, y queso feta*  
Mediterranean Salad: Mixed Greens, Tomatoes, Olives, Chick Peas, Red Peppers, Sun Dried Tomatoes, Pine Nuts & Feta Cheese

### **ENSALADA GRIEGA 6.79**

*Lechuga romana, tomates, pepinos, Cebollas rojas, aceitunas, queso feta*  
Greek Salad: Romaine Lettuce, Tomatoes, Cucumbers, Red Onions, & Olives

### **ENSALADA CÉSAR 3.29 - 5.99**

*Lechuga romana, croutons, Queso parmesano*  
Caesar Salad: Romaine Lettuce, Croutons, Parmesan Cheese

### **ENSALADA DE POLLO, 2 CROQUETAS ISLAS CANARIAS® 6.79**

Chicken Salad, 2 Islas Canarias® Croquettes

### **ENSALADA DE TUNA 5.79**

Tuna Salad

### **USTED PUEDE AGREGAR A SU ENSALADA / YOU MAY ADD TO YOUR SALAD ENTRÉE**

Filetes de Pollo a la Plancha,  
Ensalada de Pollo, Pavo Asado  
o Ensalada de Tuna **2.49**  
Grilled Chicken Filets, Chicken Salad,  
Roast Turkey, or Tuna Salad

Salmón al Grill, o Mahi Mahi **3.99**  
Grilled Salmon or Mahi Mahi

Filetes de Churrasco **5.99**  
Skirt Steak Filets

## PASTA

### **FETTUCINE EN SALSA A SU GUSTO 6.99**

*(Salsa Pesto, Salsa Alfredo, Salsa Rosada)*

Fettuccine in a Sauce of Your Choice  
(Pesto Sauce, Alfredo Sauce, Pink Sauce)

#### **CON FILETES DE POLLO 8.99**

With Chicken

#### **CON CAMARONES 10.99**

With Shrimp

#### **CON FILETES DE CHURRASCO 12.99**

With Churrasco

### **FETTUCINE BOLOGNESE 8.49**

Fettuccine Bolognese

### **RAVIOLI RELLENO CON LANGOSTA**

#### **EN SALSA A SU GUSTO 14.99**

*(Salsa Pesto, Salsa Alfredo, Salsa Rosada) (1 Acompañante)*  
Lobster Stuffed Ravioli in a Sauce of Your Choice  
(Pesto Sauce, Alfredo Sauce, Pink Sauce) (1 Side Dish)

### **LASAGNA DE RES HECHA EN CASA 7.99**

Homemade Beef Lasagna

## SANDWICH

*Pan Cubano, Pan Francés, Pan Integral, Pan de Media Noche, Pan Americano*  
Cuban Bread, French Bread, Whole Wheat Bread,  
Sweet Egg Roll, American Bread

### **CUBANO REGULAR 5.79**

Regular Cuban Sandwich

### **CUBANO ESPECIAL 5.99**

Special Cuban Sandwich

### **PAN CON BISTEC 5.99**

Steak Sandwich

### **CROQUETA PREPARADA 6.19**

Croquette Sandwich

### **MEDIANOCHE 4.99**

Midnight Sandwich

### **CLUB SANDWICH 6.49**

### **SANDWICH DE PAVO ASADO HECHO EN CASA 6.29**

Homemade Turkey Breast Sandwich

### **SANDWICH DE PECHUGA DE POLLO 5.99**

Chicken Breast Sandwich

### **ELENA RUZ 5.29**

Homemade Turkey, Cream Cheese & Strawberry Preserves Sandwich

### **SERRANO SURTIDO 7.49**

Bolo & Serrano Ham Sandwich

### **PAN CON LECHÓN 4.79**

Pork Sandwich

### **CHORIPAN 4.49**

Sausage Sandwich

### **SANDWICH DE TUNA 5.29**

Tuna Sandwich

### **SANDWICH ENSALADA DE POLLO 4.79**

Chicken Salad Sandwich

### **MINI CANTIMPALO SANDWICH 3.29**

Mini Cantimpalo Sausage Sandwich

En nuestro esfuerzo para ofrecer a nuestros clientes los mejores productos, usamos "0% Trans Fat" Aceite para todos los productos fritos.

In our effort to offer our clients the best products, we use 0% Trans Fat Oil for all our deep fried products.